

## Strategies to Infuse Reflection into Level II Fieldwork

Strategy	Application
Reflective Diaries/Journals	<ul style="list-style-type: none"> <li>• Use as a foundation and then progress to higher level strategies</li> <li>• Reflect on client, day, professional interactions, theory to practice link, performance, curricular themes as seen on fieldwork, etc.</li> </ul>
Critical Incident Analysis (Burns & Bulman, 2000)	<ul style="list-style-type: none"> <li>• What are your thoughts about the incident?</li> <li>• What was your response or intervention?</li> <li>• What might you do differently? What additional knowledge would you need in the future?</li> <li>• How have your values/feelings changed as a result of the incident?</li> </ul>
Case Studies/ Videotaping	<ul style="list-style-type: none"> <li>• Guided questions with peer collaboration</li> <li>• Explicate clinical reasoning, evidence supporting plan of care, etc.</li> </ul>
Peer Learning	<ul style="list-style-type: none"> <li>• Collaborative supervision models, discussion groups, online discussion boards, debriefing at end of day/session with supervisor or peers, etc.</li> </ul>

**Reference:** Burns, S., & Bulman, C. (2000). *Reflective practice in nursing: The growth of the professional practitioner* (2<sup>nd</sup> ed.). Malden, MA: Blackwell Science.